

Student Tutorials - 2015/16

With Bianca Church, RHN

CSNN Approved Tutor and Academic Advisor

A CSNN Approved Tutor can help you in your academic work and make your correspondence studies more satisfying, efficient, and successful. Bianca Church has 9 years of direct experience tutoring CSNN Distance Education students and nutrition coaching experience. All tutorials are designed to help students acquire the necessary skills to complete their academic work successfully while respecting their diploma completion timelines.

Study Management and Skills Tutorials

#1 - Create a Course Completion Timeline (1/2 hour) - \$35

- Learn how to make a personalized study schedule that will help you finish on time.
- You and the tutor will develop exact end dates for each course with your time availability and obligations in mind. You can even estimate your exam date, learn where you can save valuable time and avoid the year end rush.

#2 - Time Planning for Studies (1/2 hour) - \$35

- Develop goal oriented study plans and create study schedules to help with course deadlines.
- Learn how to navigate lifestyle interruptions to your studies so that you can finish on time.
- Learn how to develop and maintain study quotas.

#3 - Effective Study Strategies Online Studies (1/2 hour) - \$35

- Make better use of study time, create efficient study notes, learn to read for retention and how to set yourself up for better study and test performance.
- Learn when taking notes is not productive.
- Prepare notes for the final exam and case studies from course materials and tests.
- Write tests with confidence avoiding the common pitfalls.

Case Study Tutorials

#5 - Writing Case Study Reports Part I (1 hour) - \$60

- Learn to analyze the Lifestyle and Nutri-System questionnaires confidently
- Critique a case study to enhance your learning.
- Develop and write comprehensive case studies that satisfy the marking requirements

#6 - Writing Case Studies Part II - Using Additional Resources (3/4 hour) - \$35

- Learn how to use additional resources to develop recommendations faster and easier
- Bring your case study questions to the tutorial for discussion

#7 - Writing Case Study Follow up Reports (1/2 hour) - \$35

- Develop and write comprehensive follow up reports efficiently

Final Exam tutorial

#8 - Preparing for the Final Exam (1 hour) - \$60

- Learn how and what to study, reduce final exam study time, and learn exam writing strategies

Start-up Package includes Tutorials 1, 2, & 3 for only \$90 (a \$15 savings)

All tutorials are conducted via telephone or skype and can be private or group depending on the number of students enrolled. All tutorials include materials emailed to you prior to class. HST not included in prices quoted.

To book a tutorial please call [**\(705\) 724-9190**](tel:7057249190) or email [**bianca@biancachurch.com**](mailto:bianca@biancachurch.com)

Student Testamomial

I just wanted to take a minute and share my experience with Bianca with you all. I took both her Case Study tutorial as well as her Final Exam tutorial, both were incredibly helpful. I just received my marks back for my case studies and got 91% on one and 96% on the other!!! I can guarantee you I would not have been able to do that well on my own. Her tutorial broke down each section, how many marks were assigned to each part and how to ensure consistency throughout the case study. I would recommend every student take this tutorial, definitely money well spent. The Final Exam tutorial has been just as useful. Her study techniques are excellent. I also had the pleasure to work with Bianca's Wellness Business Systems. This program is a detailed, in depth approach on how to set up a successful nutrition consulting business. I already have two people waiting for me to be done school so I can take them on as paying clients! I truly feel that the amazing education provided by CSNN went hand in hand with Wellness Business Systems and am now confident in my abilities to create an extremely successful business.

Jamie Cheveldave